















JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Key Code</u> MR– Music Room TR– Theater Room CR– Craft Room L– Library DR– Dining Room</p>	<p>1) New Year's Day 9:30 Exercise MR 10:00 Group Dominoes MR 1:30 Pokeno MR 2:00 Word Search MR 3:00 Table Games MR</p>	<p>2) 9:30 Exercise w/Luvena MR 10:30 Rummikub MR 1:00 Service w/Chaplain  1:30 Shanghai MR 3:00 Dominoes MR</p>	<p>3) 9:30 Tone Up MR 10:15 Chinese Checkers MR 1:00 Dominoes MR 2:00 Word Search MR 3:00 Uno Card Game MR</p>	<p>4) 9:30 Chair Dancing MR 10:30 Pokeno MR 1:00 Banking & Shopping 2:00 Visit w/Tucker L 3:00 Rummikub MR</p>	<p>5)  9:30 Tone Up MR 10:30 Horse Race MR 1:00 Rummikub MR 2:00 Group Dominoes MR 3:00 Puzzle Time MR</p>	<p>6)  9:30 Tone Up MR 10:30 Dominoes MR 1:00 <u>Melody w/Danny</u> MR 2:00 Rummikub MR 3:00 Uno Card Game MR</p>
<p>7) 9:30 Morning Exercise MR 10:30 Group Dominoes MR 1:00 Movie /Residents Pick TR 2:00 Group Puzzle MR 3:00 <u>East Baptist Church</u> L</p>	<p>8)  9:15 Exercise w/Kiyomoto MR 10:00 <u>Sing Along w/Lillian</u> MR 1:00 Dominoes MR 2:00 <u>Tai Chi Class</u> MR 3:00 Word Search MR</p>	<p>9) 9:30 Exercise w/ Luvena MR 10:30 <u>Mary Kay</u> w/Patty MR 1:00 Service w/Chaplain L 2:30 <u>New Year w/Jerre</u> MR 3:00 Group Dominoes MR</p>	<p>10)  9:30 Tone Up MR 10:30 Group Dominoes MR 1:00 Puzzle Time MR 2:00 Rummikub MR 3:00 <u>Casino Day w/Paul</u> L</p>	<p>11)  9:30 Chair Dancing MR 10:30 Pokeno MR 1:00 Banking & Shopping 2:00 <u>Visit w/Tucker L</u> 3:00 Nail Care By Appt. MR</p>	<p>12) Sizzler  9:30 Exercise w/Lusine MR 10:30 Uno Card Game MR 1:00 Word Search 2:00 Dominoes MR 3:00 Chinese Checkers MR</p>	<p>13) 9:00 Chair Yoga MR 10:30 <u>Hot Coco Social</u> CR 1:00 Pokeno MR 2:00 Puzzle Time MR 3:00 Rummikub MR</p>
<p>14) 9:30 Bean Bag Toss MR 10:30 Color Craze MR 1:30 Asian Film TR 2:00 <u>Horse Race</u> MR 3:00 Rummukub MR</p>	<p>15)  9:15 Exercise w/Kiyomoto MR 10:00 <u>Sing Along w/Lillian</u> MR 1:00 Dominoes MR 2:00 Tai Chi Class MR 3:00 Uno Card Game MR</p>	<p>16) 9:30 Exercise w/Luvena MR 10:30 Rummikub MR 1:00 Service w/Chaplain L 1:30 Shanghai Rummy MR 3:00 Dominoes MR</p>	<p>17)  9:30 Tone Up 10:30 Horse Race MR 1:00 Uno Card Game MR 2:00 Group Dominoes MR 3:00 <u>Melody w/Danny</u> MR</p>	<p>18) 9:30 Chair Dancing MR 10:00 Twenty One MR 1:00 Banking & Shopping 2:00 Visit w/Tucker L 3:00 Rummikub MR</p>	<p>19) Table Mountain 9:30 Tone Up MR 10:30 Horse Race MR 1:00 Uno Card Game MR 2:00 Table Games MR 3:00 Word Search MR</p>	<p>20) 9:30 Chair Yoga MR 10:30 Twenty One MR 1:00 Pokeno MR 2:00 Sorry Board Game MR 3:00 Rummikub MR</p>
<p>21) 9:30 Kickball MR 10:30 Table Games MR 1:30 Asian Film TR 2:00 <u>Horse Race</u> MR 3:00 Rummikub MR</p>	<p>22)  9:15 Exercise w/Kiyomoto MR 10:30 Group Dominoes MR 1:00 Pokeno MR 2:00 Rummikub MR 3:00 Uno Card Game MR</p>	<p>23) 9:30 Exercise w/Luvena MR 10:30 <u>Music w/Dee</u> MR 1:00 Service w/Chaplain L 2:30 <u>Our Hero's w/Jerre</u> MR 3:00 Puzzle Time MR</p>	<p>24)  9:30 Exercise w/Sylvia MR 10:30 Horse Race MR 12:45 Bingo MR 2:00 Rummukub MR 3:00 <u>Casino Day w/Paul</u> L</p>	<p>25)  9:30 Chair Dancing MR 10:15 <u>Blood Pressure L</u> 1:00 Banking & Shopping 2:00 Visit w/Tucker MR 3:00 Nail Care by Appt. MR</p>	<p>26) Kijima  9:30 Exercise MR 10:30 Uno Card Game MR 12:45 Bingo MR 2:00 Group Dominoes MR 3:00 Sorry Board Game MR</p>	<p>27) 9:30 Chair Yoga MR 10:30 Chinese Checkers CR 1:00 Pokeno MR 2:00 Dominoes MR 3:00 <u>Hot Coco Social</u> MR</p>
<p>28) 9:30 Balloon Volleyball MR 10:30 Color Craze MR 1:30 Asian Film TR 2:00 <u>Music w/Mathew</u> MR</p>	<p>29) 9:15 Exercise w/Kiyomoto MR 10:30 Shanghai Rummy MR 12:45 Bingo MR 2:00 Group Dominoes MR</p>	<p>30) 9:30 Exercise w/Luvena MR 10:30 <u>Mary Kay</u> w/Patty MR 1:00 Service w/Chaplain MR 1:30 Shanghai Rummy MR</p>	<p>31) 9:30 Tone Up MR 10:30 Horse Race MR 12:45 Bingo MR 2:00 Group Dominoes MR</p>	<p><i>Activities Subject To Change Without Notice.</i></p>		<p><u>January Birthdays</u> <u>Janice Dohi 9/9</u> <u>Alma Sunamoto 9/10</u> <u>Mikio Uchiyama 9/15</u></p> 

Dorothy Hirasuna 9/21
Ikue Yonemitsu 9/25
Taka Renge 9/29