



Central California Nikkei Foundation

Vintage Gardens Assisted Living & Nikkei Center

vintagegardens.org

559.252.4036

ccnf.org

Spring 2022

Vintage Gardens – "Ohana (family) Garden Campaign"



SPRING IS IN THE AIR AT VINTAGE GARDENS! Our VG Maintenance Supervisor, Steve Mukai, recruited the voluntary efforts of Greg Mukai (*no relation to Steve*), to begin a redesign of our back garden. When you have a chance, please take a few minutes to take a look. Greg's design includes the entire back garden area which will include the Gail Yamaguchi-Reese Memorial Garden, in loving memory of Gail Yamaguchi-Reese and the Dwight Uyemoto Memorial Project, which the Yamaguchi, Reese and Uyemoto families have made donations to. Through the kind generosity of Richard and Helen Tsukida Corsaro, the back lot was leveled and decomposed granite added to make way for the garden improvements to come.

I am happy to say the Gail Yamaguchi-Reese Memorial Garden is nearly completed. This area is enclosed by a handmade bamboo fence and includes a cement area and path with green and flowering plants. There is also a bench that will be backed with a Jacaranda tree (generously donated by the family of Marie Taniguchi). Special thanks are extended to the Eagle Scout Projects of Cooper Klassen (cement path) and William Wilkins (bamboo fence and wooden bench) for their part in the Gail Yamaguchi-Reese Garden. This will be a serene spot for contemplation and rest of the Vintage Gardens' residents and visitors.

When the Dinuba Buddhist Church closed, Steve and his crew accepted their generous donation of large rocks, Sago Palms and a Matsu/pine tree from their gardens to be distributed between Vintage Gardens and the Fresno Betsuin Buddhist Church. Large rocks were also donated by the Hiyama family and the late Sadahei Mukai (Greg's grandfather) family. Japanese Maple trees have been donated by Steve Mukai, Mark Taketa, Lester Obata, Gwen Conville, Cindy Inouye and Gregory/Patricia Miyake. Additional in-kind donations have been made by Vince and Dean Nishikawa and David Sasaki Farms.

As you can see, we have received many in-kind donations, but large projects such as this cannot move forward and be completed without the donations of our friends, family and supporters. The "Ohana (family) Garden Campaign" has set a funding goal of **\$60,000.00**. The garden costs will include plants, irrigation, materials, planting materials, lighting and equipment rentals.

Please Note: This is a fund drive. As the garden design is completed, we cannot accept any plant or tree donations at this time. Specific plants and trees have been designated for the gardens. The irrigation must be installed and the ground prepared before the garden will be ready for planting.

On behalf of Vintage Gardens, I would like to thank Greg Mukai for sharing his vision and volunteering to take on this project. Steve and Greg, pruned the large trees in the back last Spring in order to begin the planning of this large project. I would also like to thank the Garden Committee – Howard (chairperson) and Cynthia Yamagiwa, Leslie Ohashi and Gordon and Susan Hayashi for supporting Greg and sharing his vision throughout this campaign.

I hope you will continue to support the projects of the Central California Nikkei Foundation by contributing to the "Ohana (family) Garden Campaign" to make Vintage Gardens an ever pleasant, safe and enjoyable place for your friends and loved ones.

Karen Mukai and the "Ohana (family) Garden Campaign" Committee: Marcia Chung, Joyce Imai, Stephanie Sumi.



**Central California
Nikkei Foundation
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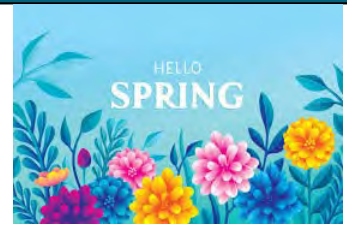
Karen Mukai

Gale Nakai

Randall Sakamoto

President's Message

By: Dean Hiyama, Esq/CCNF Board President



Hello All:

The CCNF Board of Directors has been busy with projects to improve the facilities at Vintage Gardens and with the decrease in Covid, the reopening of the Nikkei Center. The Nikkei Center has always been the basis of the foundation and we are happy that health conditions are going to allow us to provide this service to our community. After the long hiatus, it will be opening soon.

We also took the opportunity to re-carpet the public areas of Vintage Gardens. If you have time, drop by and see the new carpet on the hallways and social rooms. The look is much brighter and cleaner to make the lifestyles of our seniors more enjoyable.

I am also happy to announce the beginning of our outdoor landscaping project and fundraiser. This is a large multi faceted project involving all the grounds of Vintage Garden. We are lucky to have the assistance of Greg Mukai and Board Member Howard Yamagiwa to design and coordinate the entire project. Over the years we have received donations specifically on garden projects and we are now able to complete the Gail Yamaguchi-Reese Memorial, the Dwight Uyemoto Memorial and with Mr. and Mrs. Roy Matsubara donating the front garden and the Dinuba Buddhist Church donations of plants and materials, we have begun a full scale outdoor landscaping project. We are beginning our fund raising to complete this large project. Please visit the grounds to see the ongoing work and to see the transformation of the landscaping. This project will take some time but the beautification of the grounds is already apparent.

We appreciate everything that our community provides us to help our seniors in any way possible. Your donations and well wishes are being put to good use to improve the lives of our seniors and I want to thank everyone for their efforts, donations and time.



By: Louis Gebbia, Executive Director

louisg@vintagegardens.org

Putting the Garden into Vintage Gardens

Numerous studies have shown that being outdoors is good for our mental health, memory and attention and have many physical and psychological benefits as well. It provides texture and color that pleases the eyes, smell that enhances our senses, stress relief and relaxation. All promoting the transmission of natural heritage. The garden speaks to something deep inside all of us; the need for quiet, contemplation, calm and a restful oasis. While a flower delivery can be a great mood-lifter in the short-term, a Zen garden could be just what you need for long-term mental wellbeing. One of the great things about these gardens is that they can be as small or as large as you want, so they're accessible to everybody. Zen gardens originated in Japan during the reign of Emperor Suiko as part of Mahayana Buddhism. This sect of Buddhism focuses on meditation and mindfulness rather than the study of scriptures or ritual worship. Using sand, rocks, pebbles, and sometimes plants, and water, these gardens evoke calm, tranquility and peace. Extensive Zen gardens may feature trees, water elements, and even bridges.

Progress is the act of moving forward toward a common goal. That common goal is the strenuous efforts of Howard Yamagiwa, Greg Mukai, the Matsubara family and of course the many donations that makes it possible to put the garden into Vintage Gardens.

TWO WAYS TO PLAN FOR A BETTER TOMORROW....

Central California Nikkei Foundation Shredding Community Service



Saturday, May 21, 2022

9am to 12 noon

at

Vintage Gardens

540 S. Peach Ave., Fresno

**Questions? Contact: Susan Hayashi –
(559) 325-1457 or text (559) 906-8540**

**Seniors who cannot drive to the event, call Susan by
April 30 to arrange for pick-up.**

**Securely dispose of personal documents, TAX papers,
books (hardback & paperback) & hard drives**

Limit: 10 Banker Sized Boxes per car

Cost: \$15 per Banker Sized Box

\$15 per Hard Drive

Cash or Check only

Please make check payable to CCNF

Event will be Drive-Thru

Boxes will be emptied from your trunk/tailgate and returned

PLANNED GIVING: A WIN-WIN SCENARIO

By: Randall N Sakamoto, CPA / CCNF Treasurer

In this and future newsletters, we will introduce readers to various planning giving techniques. These techniques may be attractive alternatives to making charitable donations of cash. Your charitable donations may not yield any tax savings depending on your individual tax situation.

In this article, we will start with two techniques that are relatively simple and will provide a potential tax savings to the donor while making a gift to the Central California Nikkei Foundation.

GIFTS OF APPRECIATED STOCK: Charitable gifts of stock are often attractive to donors as the shares of stock may be highly appreciated, are easily transferred and typically easily valued. They can also offer tax savings. For example, donors can avoid capital gains tax on the increased value of your stock by gifting the stock to charity. Donors may also be entitled to a charitable income tax deduction based on the market value of the stock gifted. To achieve these tax benefits, it is critical that donors do not sell the stock that has appreciated in value but transfer it directly to the charity.

GIFTS OF REQUIRED MINIMUM DISTRIBUTIONS (RMD) FROM IRA OR RETIREMENT PLAN ACCOUNT: Individuals may be required to take RMDs from their IRAs or retirement accounts. There is a tax provision that allows individuals to gift their RMDs directly to a charitable non-profit organization. By doing, the RMD is not taxable to the donor, saving taxes that would have been paid on the RMD. Since many people don't get a charitable contribution because they claim the standard deduction (versus itemizing), giving a cash contribution may not give the donor any tax savings that the gift of their RMD will.

These alternatives are good if you are in the following situations:

- You take the standard deduction and receive little or no tax savings from your charitable contributions.
- Have a substantial stock portfolio and it would be desirable to gift stock versus cash, avoiding capital gains if the stock were sold.
- Are taking and paying tax on RMDs and it would be desirable to gift the RMDs to charity versus gifts of cash and avoid taxation on the RMDs.

If you need further information or have additional questions, we can put you in touch with professional that can assist you with these planned giving alternatives.



CCNF Cookbook

CCNF is working on a cookbook that will be available to order in November—just in time for holiday gifting!

What better way to share and preserve our family traditions and diverse cultures than through the food we eat. Every time we make my aunt's red velvet cake we think of her and share wonderful memories of her. We'd love to include your recipes that bring such joy to your family.

Please send us your favorite family recipes to include in our cookbook and share with our CCNF community. We'd love to hear your story behind the recipe if you would like to share that with us.

Please email recipes to Gale Nakai at gale@ccnf.org or Valerie Araki at lucyaraki@gmail.com. You may also drop off or mail your recipes to the following address:

Vintage Gardens/CCNF
540 S Peach Ave
Fresno, CA 93727
559.252.4036

Thank You!

CENTRAL CALIFORNIA NIKKEI FOUNDATION / NIKKEI CENTER



Nikkei News....

By: Gale Nakai, Community Outreach Coordinator / gale@ccnf.org

Exciting News! After 25 months of being closed, the Nikkei Center is set to re-open on a limited basis. There are still some logistics to be worked out; but it will be great to see everyone again!

If you are interested in joining us at the Nikkei Center, please give us a call (559) 252-4036; and we will see what can be worked out. For now, we will be open on Mondays, Wednesdays and Thursdays depending on the transportation.

We have expanded our menu and we hope you will try out the new offerings.

It's so nice to be able to say: WELCOME BACK!!!



Japanese American Incarceration Memorial Legacy Project — The Fowler Buddhist Church and Vintage Gardens were very fortunate to host Judge Johnny Cepeda Gogo, a Santa Clara County Superior Court Judge who has made it his mission to have ALL Japanese-American WWII Incarceration Camp Internee Survivors sign a 48-star flag to commemorate this important part of American history. Judge Gogo's passion for the project is so inspirational and heartwarming. He began with one 48-star flag and is now on his seventh flag. The flags will be displayed at the camps & museums.



Thank you for your continued support of the Central California Nikkei Foundation and the Nikkei Center!
Your kind generosity allows us to provide programs and outreach to the community.
Donations Received November 1, 2021—March 31, 2022

(Donations marked by asterisk(s) denote additional donation)*

Our sincere apologies for an error in a previous newsletter: Holiday/2020—Donation IMO Michiko Goto should have been IMO Mihoko Goto.

MEMBERSHIPS—
 (Donations marked by
 Asterisks (*) denote additional
 donation received).

Arakawa, Susan K
 Araki, Sat & Lily
 Brown, Judy Imoto*
 Chung, Robert & Marcia*
 Fukuda, Sue
 Goto, Glen & Janet*
 Hashimoto, Darlene*
 Hayashi, Brian & Christine
 Hirasuna, Stuart & Charlotte*
 Honda, Craig & Tayoko—
 IHO Boku Yanagihara
 Hotta, Jun*
 Hotta, Michi*
 Ibello, Ellen K Itani
 Ikeda, Tim*
 Inouye, Yukio & Laraine
 Jofuku, Junko*
 Kamimoto, Ellen
 Kanagawa, Dallas & Paula*
 Kanagawa, Rodney
 Kanemoto, Ken & Patty*
 Katayama, Don & Kerri*
 Kawakami, David
 Kawamoto, Sueko
 Kawashima, Hope
 Kobashi, Dorothy*
 Kondo, Karen
 Kumashiro, Tommy
 Kurushima, Jeffrey & Carol
 Kusakai, Day
 Lord, Hanako Y
 Maldonado, Louis & Julie Hirose
 Matsuhashi, Hideo*
 Mayeda, Henry & June*
 Mayeda, Kazuko*
 Mimura, Gary & Bernadette
 Morita, Fukiko Mae
 Nakayama, Bev
 Nii, Doris
 Nishijima, Dean & Midori*
 Nomura, Vivian*
 Okamura, Dale & Charlene
 Okumoto, Theodore & June*
 Osaki, Ayleen*
 Otake, Toshiro & Keiko*
 Ryan, David & Elizabeth*
 Sakamoto, Doris*
 Sakamoto, Jim K & Kanae*
 Sakauye, Carolyn*
 Sanwo, Richard & Sharon
 Somawang, Hiromi
 Suom Seiji & Yoshie
 Taira, Tim & June
 Takasaki, Noboru
 Takeda, Donald
 Takeda, Linda
 Takeda, Richard & Rileen*
 Takemoto, Masashi & Louise*
 Takeuchi, Norman & Nadine
 Tamura, Frank & Janet*
 Tanaka, Junji*
 Taniguchi, Barbara
 Teraoka, Henry*
 Tsukamoto, Gene & Cynthia*
 Tsutsui, Shiz*
 Yamada, Ellen
 Yamaguchi, George & Miya*
 Yamamoto, Toshiko*
 Yamasaki, Gerry*
 Yamasaki, Sue A*
 Yoshikawa, Craig & Amy
 Zink, Howard & June

UNRESTRICTED DONATIONS:

**Blackbaud Giving Fund for PG&E
 Co/Employee Giving**

Kanemoto, Kenneth
 Okamura, Dale
 Yamagiwa, Wayne

**YourCause LLC Trustee for
 Chevron Employee Funds**
 Taniguchi, Brian

Ashida, Akiyo
 Bell, Bess
 Campos, Wendy Kurihara
 Coffland, Robert T
 Dobashi, Nora N
 Fujikawa, Arthur & Alice
 Fujiwara, Janet
 Goto, Robert Y & Jeanne S
 Hartz Family c/o Marcia
 Kooda Hartz
 Hiramoto, Theodore & Lilly
 Hirasuna, Jon
 Hirata, Susan
 Honda, Gordon & Ruri
 Iwahashi, Paul H
 Jost, Mark & Judy
 Kubo, Chiz
 Kurihara, Steve
 Leach, Irene
 Lowe, Dennis & Justina
 Maruko, Eiji & Keiko
 Miyasaki, Gerald & Annmarie
 Mochizuki, Kimiko
 Morishima, Edward M
 Naito, Grace T
 Naito, Henry & Yuko
 Nakano, Katsuto & Ruth
 Nakata, Dennis & Stephanie
 Ohashi, Leslie
 Okada, Danny & Jane
 Okazaki, Donald & Ruby
 Raburn, Robert & Patricia
 Sakai, Toshi
 Sakata, Stephen & Gay
 Sato, John
 Shigematsu, Bob & Charlene
 Shigyo, Tetsuo T
 Suehiro, Itsuko
 Suehiro, Matsuko
 Sugimoto, Teruko
 Suko, Yoshi
 Takeda, iko
 Tanaka, Junji
 Tani, Midori
 Taniguchi, Hideko
 Tokubo, Sachiko
 Tsuruda, Roger & Karen
 Tsutsui, Ken & Bea
 Tsutsui, Larry & Julie
 UJCC—Women's Fellowship
 Yee, Diane
 Yoshimoto, Glenn & Lynne

SPECIAL DONATION(S):

Japanese American Community
 Foundation (JACF)
 Komoto Charitable Lead Trust
 Komoto, Brian & Mary
 Kubow & Associates—
 Henry Kubow
 CCNF Improvement—
 Kane, Jeffrey P (Kane &
 Mengshol)

**CCNF / NIKKEI CENTER
 APPRECIATION:**

Araki, Teruko Terrie
 Corsaro, Richard & Helen Tsukida
 Taketa, Mark & Joan
 Takeuchi, Norman & Nadine
 Yokomi, Sue

DONATIONS—IN HONOR OF:

IHO Chizu Nonaka

Wong, Alvin & Susan

IHO Hiroko Tanaka

Maldonado, Louis & Julie Hirose

**DONATIONS—IN MEMORY OF
 (IMO):**

*Our Deepest Sympathy to the
 families & friends of those that
 have passed.....*

IMO Taro Asami

Matsubara, Greg & Gayle

IMO Jimmy Bungo

Yoshikawa, Craig & Amy

IMO Kenji Fukuda

Fukuda, Sueko

IMO Tomiko Harada

Snavely, Aiko M

IMO Frank Hashimoto

Hashimoto, Darlene & Family
 Hashimoto, Ryan & Family

IMO Misao Missy Hikiji

Hikiji Family c/o Marion Elder

IMO Air Force Academy

Hideo Horie
 Morita, Fukiko Mae

IMO Allan Inouye

Coon, Jack & Pearl

IMO Barry Kondo

Kondo, Karen

IMO Hiroshi Kusakai

Kusakai, Day

IMO Issei & Nisei

Visitacion, Jaime & Carol

IMO Shirley Jowe

Chinn, Dennis & Sylvia

IMO Yukiye Kanagawa

Kanagawa, Rodney

IMO Marian Kawakami
 Kawakami, David

IMO Sueyo Kumashiro
 Kumashiro, Tommy

**IMO Thomas TS Lee &
 Caroline Rawlins Lee**
 Yamada, Carol Lee

IMO Officer Robert H Matsumoto
 Coon, Jack & Pearl

IMO Joseph & Marion Matsuo

Wall, Leslie Matsuo &
 Keith Matsuo & Families

IMO Marion Matsuo

Bungo, Ed & Patti
 Sanger JACL

IMO Ted & Kay Mimura

Mimura, Gary & Bernadette

IMO Yoshiho & Mary Mochizuki

Mochizuki, William & Debbie

IMO Flora Murashige

Hirose, Mutsuo
 Takeno & Family, Charlene &
 Brian Furuto

IMO Florence Nakayama

Bungo, Ed & Patti

IMO George, Pete & Florence &

Betty Nakayama
 Lord, Hanako Y

IMO Richard Neuman

Caton, Catherine

IMO Cosh Imahori Ng

Ng, Calvin

IMO George Nii

Nii, Doris

IMO Cherry Nishioka

Nishioka, Yuri Joyce & Lisa
 Tsuda Family c/o Karen Ezaki

IMO Faye Nishioki

Ashida, Akiyo
 Morishita, Leroy & Barbara
 Nakayama, Bef

IMO Eva Sakamoto

Sakamoto, Roy

IMO Fumiye Shirakawa

Shirakawa, Leslie A

IMO Fusako Takasaki

Takasaki, Noboru

IMO Miwa Takayama

Araki, Sat & Lily

IMO Jeffrey Takeda

Takeda, Linda

IMO Shizuko Takeuchi

Nakashima, Mitchell & Lynn
 Tamura, Jun & Elaine



DONATIONS - IN MEMORY OF (IMO) CONTINUED:

IMO John N Tinker
Tinker, Carlene & Family

IMO Jim & Toshi Tsuda
Tsuda Family c/o Karen Ezaki

IMO Ben & Susie Tsudama
Tsudama, Brenda

IMO Betty Tsudama
Tsudama, Gary

IMO James Masayoshi Tsukida
Corsaro, Richard & Helen Tsukida

IMO Hidemi "Jim" Yamada
Bungo, Ed & Patti

IMO Tok & Anna Yamamoto
Yamamoto, Anthony

IMO Minnie Yamamura
Ashida, Akiyo
The Family of the late
Shizuko Takeuchi

IMO Rick Yamamura Jr
Takeuchi, Norman & Nadine

IMO Hajime Yonemitsu
Corsaro, Richard & Helen Tsukida

DONATIONS-IN-KIND:

D-I-K Donations Received
11/01/2021—4/3/2022

Our sincere Thanks to the many who have tirelessly donated their time and services to find ways to get all of us safely through this pandemic. Your kindness is sincerely appreciated.

Ashida, Barton
Coon, Jack & Pearl
Corsaro, Richard & Helen Tsukida
Dinuba Buddhist Church
Enns, Robert & Ruth
Fowler Buddhist Church
Fresno Betsuin—
Nakagawa, Rinban Kakei
Nakata, Rev Kaz
Osaki, Lee
Dharma School
FBBWA
Project Dana—Donna Ishii
Garrigus, Lillian Asami &
Irene Ikeda
Gebbia, Louis & Linda
Giacona, Nick & Keiko
Gogo, Hon Judge Johnny
Hayashi, Gordon & Susan
Hiyama, Howard & Satomi
Kamine, Aiko
Kooda, Bob & Keiko; Mark & Joan
Taketa; Lee Ann Yamate
Kozuki Farms—Tad Kozuki
Kubota, Marlene
Kunishige, Sue

DONATIONS-IN-KIND CONTINUED:

Masada, Marion
Masada, Nann & Family
Matsubara, Roy & Mary;
Gary & Paulette Matsubara
Mukai, Gary & Karen
Mukai Family—Greg & Gay
Mukai, Greg
Nakagawa, Kerry
Nagata, Jane; Brian &
Colleen Alvarez
Naito, Hisaye & Family
Nakai, Geno & Gale
Nakashima, Lynn
Nishijima DPM, Ross, Nicholas &
Cynthia
Sasaki Farms—David Sasaki
Takeuchi Family—Norman,
Nadine & Kayla
Tanaka, Hiroko & Family
Taniguchi, Ken
Tinker, Carlene
Troop #199—Eagle Scout Projects:
Klassen, Cooper
Kuramoto, Ralph
Maseba, Gus
Ureta, Sam
Wilkins, Scott
Wilkins, William
UJCC—
Miyake-Stoner, Rev Akiko
Lay Visitation Team
Senior Care Resource Team
Tomodachi Group
Community Care Team
West River Landscaping—
Vince & Dean Nishikawa
Yamagiwa, Howard
Yamaguchi, Kent & Joyce
Yamamoto, Shiz & Daughters
Yanagihara, Dale Boku
Yokomi, Sue



**Other ways to
support CCNF!**





Central California Nikkei Foundation
dba Vintage Gardens
I want to make a difference
In the lives of our senior community....today!

Donation: ☐ \$100 ☐ \$250 ☐ \$500 ☐ \$750 ☐ \$1,000 ☐ Other \$ _____

Annual Membership: ☐ Individual \$50 (*Ages 64 & under*) ☐ Family \$75
☐ Student/Senior \$35 (*Seniors Ages 65+*) ☐ Corporate \$500

Ohana (family)

Garden Campaign:

☐ Amount: \$ _____

Total Amount Enclosed: \$ _____ Check # _____ Date: _____

Please charge my: ☐ Visa ☐ Mastercard ☐ American Express ☐ Discover

Credit Card #: _____ Expiration Date: _____

Security Code: _____

Donor's Name: _____

Address: _____

City/State/Zip _____

Telephone: _____ Email: _____

Signature: _____

Mail Acknowledgement to (if different from above):

Name: _____

Address: _____

City/State/Zip _____

In ☐ Memory ☐ Honor ☐ Occasion of: _____

Please make checks payable to: CCNF & kindly mail with this form to:

Central California Nikkei Foundation
540 South Peach Avenue
Fresno, CA 93727

Thank you for your Generosity and Continued Support.
Gifts are deductible for Income, Gift and Estate Tax purposes to the extent allowed by law.
CCNF Federal Tax ID# 77-0257676 • Vintage Gardens Assisted Living License # 107203197



Central California Nikkei Foundation
Nikkei Service Center & Vintage Gardens Assisted Living
540 South Peach Ave , Fresno California 93727

RETURN SERVICE REQUESTED

Non- Profit
Organization
US Postage
PAID
Fresno, CA
Permit #1080



Vintage Gardens “Discover The Good Life”



SAVE THE DATE!!!

Please join us for the 29th Annual
Swing for Seniors Golf Tournament to
be held Sunday—September 25, 2022
at the
Johnny Miller-designed Eagle Springs
Golf Course!!!

