



Central California Nikkei Foundation

Vintage Gardens Assisted Living & Nikkei Center

vintagegardens.org

559.252.4036

ccnf.org

Fall 2022

THE GARDENS AT VINTAGE GARDENS.....



Before and after photos of the front garden. What a difference!



Thanks to the vision and foresight of Roy & Mary Matsubara, the front garden at Vintage Gardens has been transformed into a garden of peace and serenity — One that residents and visitors alike can enjoy when entering and leaving Vintage Gardens. Thank you!

And our Ohana (Family) Garden Campaign continues....



Now that the brutal heat of summer is over, we can plan for the next phase of the Ohana (Family) Garden Campaign with your help! The Jacaranda tree on the right was kindly donated by Mrs. Marie Taniguchi. When grown, the Jacaranda tree will produce beautiful purple flowers as shown in the inset. Let's continue the beautification of the back gardens for all to enjoy!



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Newsletter

Editor:

Gale Nakai

Contributors:

Valerie Araki

Sylvia Baeza

Louis Gebbia

Ken Okajima

Photo Credits:

Hunter Arakawa

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Geno Nakai



Security –VS- Convenience

By: Louis M Gebbia, Executive Director
louisg@vintagegardens.org

We live in a world of convenience. But if we had to choose, security trumps convenience every time. Having said that, I do recognize that residents and families expect a certain level of convenience, especially when it comes to having access to their loved ones. The question then becomes, how can we ensure the safety and security yet at the same time accessibility. Balancing security and convenience will be the key. One should never be completely sacrificed for the other. We will continue to be transparent about how we are using security to protect our residents.

Whether it is a pandemic, social ill or even just the daily occurrences of crime, bullying, racism or discrimination, the group of common problems in present-day society are ones that many people strive to solve.

At Vintage Gardens we are seeking solutions to address these social ills before they become an issue. We are exploring the possibility of keeping the front door locked at all times and/or the front gate with automation for those who are only authorized to enter. Currently we have installed a thirty-two (32) camera system and have locked all exterior doors 24/7 with the exception of the front door. Now I believe it's time to take a hard look at what further steps may be needed to move forward on increasing safety measures for all.

Yes, balancing security and convenience will be the key. With all of the many products available today, I'm confident we can create a balancing act and will continue to enhance the safety and security for all without having to sacrifice the accessibility.



Vintage Gardens Activity Corner

By: Sylvia Baeza, Lifestyle Coordinator



National Assisted Living Week (NALW) is celebrated each year in the month of September. Throughout Assisted Living Week, facilities all over provides recognition to the importance of assisted living and all those who care and serve seniors.

This gives us the opportunity to shine a light on those who play a vital role here at Vintage Gardens. We realize that Vintage Gardens is more than a place of employment. It is where our employees and residents create happy memories. We celebrated this year with a theme of “Joyful Moments”, perfect for this year. The event kicked off on Grandparents Day! What better way to celebrate the event than with the people we love!

The Activity Department hosted a variety of activities including themed days to celebrate our employees and residents by coordinating fun activities including Pajama Day, Sports Day & Be A Movie Star, we also had a Twin Day where residents and staff dressed alike. The week continued with live music, games and tasty treats. This was a fun activity for everyone! We truly appreciate all the staff and those who have made a difference every day in the success in caring for our seniors-we cannot do this without you. I also would like to thank our hospice care providers (Bristol Hospice; Infinite Home & Health; Bright Horizons; Oyuna Hospice & St Mary’s Home Health & Hospice) who donated gift cards & prizes for this memorable event.

It is such a nice feeling to see the residents and staff enjoying their time with one another with all of these special activities and we look forward to continue creating happy memories in the coming months.

The activity calendar and upcoming activities/outings may be viewed on our website at- www.vintagegardens.org. Check it out!

Until next time!



WHAT THE STAFF HAS TO DO TO ENTERTAIN THE RESIDENTS!!!



PAJAMA DAY!!!



TWINS DAY—RESIDENTS & STAFF!





CENTRAL CALIFORNIA NIKKEI FOUNDATION / NIKKEI CENTER

Nikkei News.....

By: Gale J Nakai, Nikkei Director
gale@ccnf.org



Since our last CCNF trip to Reno (or anywhere for that matter) was in September/2019, forty-one eager passengers ranging in age from 50 to 90+ boarded a Best Tours bus early Monday morning, October 5th ready for a chance to win the big one! Our on-board tour coordinators were CCNF board members Marcia Chung and Joyce Imai. Marcia and Joyce were a tremendous help in making calls and organizing the trip.

Thanks to the generosity of our travelers and others in the community, we had an abundance of food and snacks to keep us happy! With quick stops in Turlock (for coffee and donuts) and Ikeda's California Country Market in Auburn, we made it to our first casino, the Nugget in Sparks Nevada.

Silver Legacy Resort & Casino was our home for two nights. On Tuesday morning, power went out on the entire block for three hours! (Believe it or not, the slot machines kept going!?!) We were lucky that everyone made it through the power outage, although some had to climb several flights of stairs in order to make it to the casino floor. The gold medal goes to Tara Asami who climbed 34 flights of stairs to get food for her parents and then went back up — Tara, you are amazing!!!

Our only other unfortunate glitch on the trip was at our final stop at the newly opened Sky River Casino. We were told that no busses are allowed to park on the casino grounds. They only allow one space per vehicle. Hopefully, sovereign rules can be changed to allow busses in the future. Other than that, a good time was had by all.

CCNF sincerely appreciates the support and participation of our seniors and the community on this trip. We were so happy to see everyone after almost three years and hope to be able to make more memorable trips in the future!

In the meantime, if you know of anyone that would like to join us for lunch at the Nikkei Center, please give me a call at 559.252.4036; or cell 559.301.3322 and we will be happy to provide details and make the arrangements. Please join us!



CENTRAL CALIFORNIA NIKKEI FOUNDATION FAVORITE RECIPES
dba Vintage Gardens Assisted Living

We need your help in preserving the legacy of family recipes handed down for generations. They are the special recipes that only grandma could make.

CCNF is collaborating with the local community to bring those recipes together for our future generations.

What better way to share and preserve our family traditions and diverse cultures than through the food we eat. We would love to include your recipes that bring such joy to your family.

Please send us your favorite family recipes to include in our cookbook and share with our CCNF community. We would love to hear your story behind the recipe if you would like to share that with us.

Please email recipes to Gale Nakai at gale@ccnf.org or Valerie Araki at lucyarakii@gmail.com. You may also drop off or mail your recipes to the following address:

CCNF / Vintage Gardens
540 S Peach Ave
Fresno, CA 93727

559.252.4036

Thank You for Sharing!





CCNF 29TH ANNUAL SWING FOR SENIORS GOLF TOURNAMENT

By: Ken Okajima, Golf Tournament Chairman

Set against the backdrop of the newly opened Table Mountain Casino & Resort, the 29th Annual Central California Nikkei Foundation's "Swing for Seniors" golf tournament was held on Sunday, September 25th at Eagle Springs Golf & Country Club. An amazing group of 32 teams / 128 players participated on a beautiful warm September day.

The All Ladies Division was won by the team of **Joanne Hansen, Leslie Fukuda, Vicki Matsuura and Susan Cincetti**. The OPEN Division was won by the team of **Kerry Hirahara, Jon Lewis, Armando Ortega and Carlos Garcia**.

There were over 60 wonderful raffle prizes won by the golfers; a dessert auction with over 33 delicious desserts to choose from and a silent auction which included golf clubs and a 3-day Condo stay in Pismo Beach among the many prizes. The breakfast burritos before the tournament start and the delicious dinner served after golf were prepared by David Hollister, Vintage Gardens' own Dietary Supervisor.

The tremendous support of our generous sponsors and donors really help make the tournament! Huge thanks to all the golfers that participated in the tournament; the silent auctions and raffle prizes throughout the day all in support of CCNF, the residents of Vintage Gardens and the Nikkei Center seniors.

Special thanks to the volunteers that spent countless hours in planning to put on this wonderful event. It takes a team of people to organize and work together to have a smooth running and fun tournament. CCNF is grateful to all those that helped. Please mark your calendar for the end of September/2023 to participate next year!



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Yamagiwa, Wayne & Gail &
Gillian—IMO Mits & Betty
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Amy Nishikawa
Yosako, Ben & Noreen

GOLF DONATIONS:

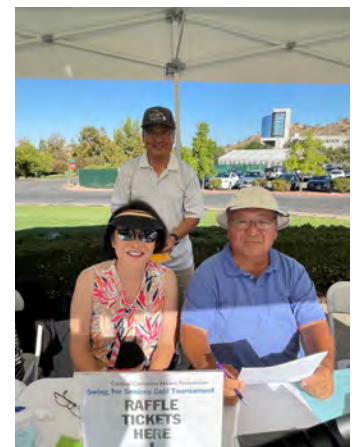
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Casa Corona—Cedar

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Evergreen Nursery & Gift
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Country Club
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Gong's Market—Michael
Ohashi
The Habit Hamburger Grill -
Park Crossing
The Habit Hamburger Grill -
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Hair Central
Hasegawa, Craig
Hayashi, Gordon & Susan
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Hiyama Family
Imai, Joyce
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Kamigawachi, June
Kenji's Teriyaki Grill
Kennel Marketplace
Kikku Kitchen
Kings River Golf & Country
Club
Kogetsu-do
LaBoulangerie
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Mad Duck
Kuni Sama
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Madera Golf & Country Club
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Mukai, Greg & Gay
Nagata, Sharon
Nakai, Geno & Gale
Niizawa, Stan
Nothing Bundt Cakes
Ohashi, Leslie
Okajima, Ken & Linda

Oriental Trading Co Central
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Pheasant Run Golf Course
Pieology—Fig Garden
Pieology—Park Crossing
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Vintage Gardens' Beauty
Salon
Wahoo's Tacos & More
Trader Joe's
Tulare Golf Course
Yamagiwa, Howard &
Cynthia
Yoshino's Japanese
Restaurant





VOLUNTEERS

Arakawa, Hunter
 Araki, Valerie
 Ashida, Barton
 Ashida, Sharon
 Chung, Marcia
 Gebbia
 Giacona, Keiko
 Giacona, Sarah
 Guerra, Henry
 Hayashi, Gordon
 Hayashi, Susan
 Hiyama, Dean
 Hollister, David
 Imai, Joyce
 Inouye, Cindy
 Mukai, Gary
 Mukai, Karen
 Mukai, Terry
 Nagata, Gene
 Nagata, Sharon
 Nakai, Geno
 Ohashi, Leslie
 Okajima, Ken
 Okajima, Linda
 Sakamoto, Randy
 Takeuchi, Kayla
 Takeuchi, Nadine
 Takeuchi, Norman
 Takeuchi, Russell
 Taniguchi, Brian
 Taniguchi, Ken
 Yamagiwa, Cynthia
 Yamagiwa, Howard
 Yamamoto, Patty
 Yosako, Ben
 Yosako, Noreen

BAKERS:

Araki, Megan
 Ashida, Lani
 Gebbia, Linda
 Hamamoto, Florence
 Hayashi, Susan
 Imai, Joyce
 Inouye, Cindy
 Masumoto, Marcy
 Nagata, Sharon
 Nakashima, Sherri
 Nishijima, Cynthia
 Nishijima, Miki
 Okajima, Linda
 Tafoya, Laurie of Sugar
 Mama Cookies
 Takeuchi, Nadine
 Warner, Venus
 Wong, Winston
 Yamagiwa Kane, Nancy

*Thank
 You*

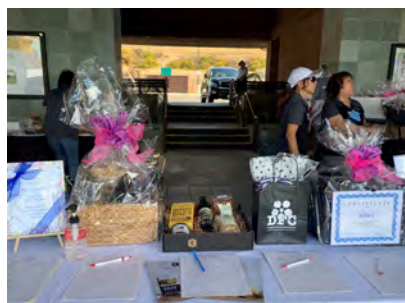


Photo Credits:
 Hunter Arakawa
 Susan Hayashi
 Geno Nakai

Thank you for your continued support of the Central California Nikkei Foundation and the Nikkei Center!
Your kind generosity allows us to provide programs and outreach to the community.
Donations Acknowledged June 1, 2022—September 30, 2022

MEMBERSHIPS—

Araki, Alex & Roberta
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 Kawamoto, Sueko
 Kimura, Shizuyo
 Koda-Hartz Family
 Kubo, Kathleen
 Kunitake, Eiko
 Mochizuki, Mike & Susan
 Nagai, Edward & Akiko
 Naito, Michael K (Reedley)
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 Nishida, Sue
 Omachi, Dave
 Sasaki, Art & Grace
 Sasaki, Harumi
 Shitanishi, John & Ellen
 Tamura, Naomi
 Tani, Midori
 Tonooka, Jean
 Tsuji, George & Amy
 Tsukida, William
 Tsuruoka, Jimmy
 Yamagiwa, Howard & Cynthia
 Yamagiwa, Wayne & Gail
 Yamamoto, Toshiko
 Yosako, Ben & Noreen
 Zink, Howard & June
 Kawamoto Zink

OHANA (FAMILY)

GARDEN CAMPAIGN—

Chung, Robert & Marcia
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 Imai, Joyce—IMO Mel Imai
 Ishii, Stanley & Karen
 Kawamoto, Sueko
 Kooda-Hartz Family—
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 Kubo, Kathleen —
 IMO D/M Sumio Kubo
 Kubo, Kathleen—
 IMO Gail Yamaguchi Reese
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 Javier Campos
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 Mukai, Gary & Karen

Mukai, Greg & Gay—
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 Nagai, Edward & Akiko
 Nakagawa, Julie
 Nakashima, Mitchell & Lynn
 IMO Jean Nakashima
 Nishikawa, Yamagiwa, Gail
 Blackbaud PG&E Ee Match
 Ogawa, Tim & Deb
 Saldin, John & Connie
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 Tsuda Family, Toshiko
 Yamagiwa, Wayne & Gail -
 IMO Betty Yamagiwa
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 Yosako, Ben & Noreen
 Zink, Howard & June
 Kawamoto Zink

RESTRICTED DONATIONS—

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 Abiko Charitable Trust

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 Yamagiwa, Wayne
 Yamasaki, Debbie

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Blackbaud Giving Fund for PG&E Co/Ee Giving
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 Tsukida, William
 Yamagiwa, Howard & Cynthia
 Yamamoto, Toshiko
 Zink, Howard & June
 Kawamoto Zink

DONATIONS IMO— **Our Deepest Sympathy to those that have passed.**

IMO Nob Araki (13 years)

Araki, Terrie
IMO Joanne Fukuda
 Sasaki, Art & Grace
 Sasaki, Harumi

IMO Carolyn Akiko Ikemiya

Abe, Duane & Mari
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 Benik, Douglas
 Hirahara, Stan & Carol
 Huebert, Robert & Katherine
 Kato, Kelly & Ellen
 Kimura, Shizuyo & Keiko
 Kizior, Mark J & Marna Nii
 Kozuki, Mits & Gail
 Kuramoto, Rose Mineko
 Kusakai, Day
 Nakashima, Doris
 Nii, Doris
 Nishikawa, Frank
 Nishikawa, Martin & Jennifer
 Nishikawa, Yoko
 Olson, E Marian Jensen
 Sakauye, Carolyn
 Suemoto, Donna
 Tonooka, Jean
 Tsuji, George & Amy
 Tsuji, Gordon
 Tsutsui, Shiz
 Yoshimoto, Ryan G & Sandra Peterson
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 Imahara, Fran
IMO Nancy Inouye
 Imahara, Fran
IMO Hideko Kinoshita
 Mochizuki, Kimiko
IMO Susan (Kadani) Kiyoi
 Yemoto, Sally T
IMO Masato Kunishige
 Nii, Bonnie
 Watari, Roy
 Watari, Kiyoshi
IMO Ted & Kay Mimura
 Mimura, Gary & Bernadette
IMO Joycie Sayeko Miura
 Ueki, William & Reiko



**IMO Fujiye "Jean"
Nakashima**

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Bowles Shinwa Kai
Brown, Michael
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Fukushima, Clifford &
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Hayashi, Gordon &
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Honda, Arnold
Honda, Craig & Tayoko
Hotta, Jun
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Yamagiwa Kane
Kanemoto, Ken & Patty
Kapheim, Richard & Jadel
Kawamoto Family, Toshio
King, Sandi
Kishi, John & Cindy
Koga, Brenda
Kogetsu Do
Koshiyama, Hiroko &
Yukiyasu Family
Lim, Shirley & Kamela
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Maltos, Rudy & Diane
Matsumoto, Linda
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Mayeda; Henry & June
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Miyasaki, Maryann S
Miyashiro, Mark Kent
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Muma, John & Emily
Nagata, Brayden

Nagata, Brian
Nagata, Jane
Nakamura, Glenn & Janice
Nakashima, Scott & Sandra
Nakashima, Sherri
Nakata, JoAnn
Nakayama Driss, Susan
Nishikawa, Frank
Okajima, Kenneth & Linda
Okumoto, Ted & June
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Otake, Toshiro & Keiko
Otani, Hideki & Diane
Sano, Barney & Mae
Sasaki, Art & Grace
Sasaki, Harumi
Sasaki, Satoshi & Sandee
Sato, John
Sera, Gregg & Janis
Shinkawa, Ken & Vivian
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Leslie Shirakawa
Smirnov, Nick & Gayle
Soriano & Family, Joy
Takeda, Linda
Takeda, Roger
Takeda, Victor & Anne
Takeuchi, Norman & Nadine
Tang, Doug & Kim /
Golden Dragon Restaurant
Tani, Midori
Tsao, Julia
Tsukida, Helen & Richard
Corsaro
Tsutsui, Larry & Julie
Uyematsu, David &
Laureen
Uyematsu, Ryan & April
Watanabe, Kathleen
Yamagiwa, Sharon
Yamami, Ginger T
Yamamoto, Bill & Cathy
Yee, Diane
Yim, Linda
Yosako, Ben & Noreen
Yoshikawa, Craig & Amy
Yoshimura Family—
Lindell & Susan & Myron &
Natalie Yoshimura;
Gerry Brady
Yoshioka, Janice
Yoshioka, Steven
Yuyama, Margaret; Doug &
Kelly Yuyama

IMO Stephanie Nakata

Kawasaki, Yasuhiko &
Kayoko
Yosako, Ben & Noreen
IMO Milton Paulie Nishida
Nishida, Sue
**IMO Tom & Kuni
Nishimura**
Garrigus & Asami Families
IMO Yuri Joyce Nishioka
Nishioka, Elisabeth
IMO Faye Nishioki
Okazaki, Barbara
IMO Grace Oda
Visitacion, Jaime & Carol
IMO Lilly Ogawa
Ogawa, Tim & Deb
IMO Mitsue Takahashi
Chung, Donald & Kathleen
IMO Shizuko Takeuchi
Hide Yamaguchi Family
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Toshi Tsuda**
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IMO Toshiko Tsuda
Toshiko Tsuda Family
IMO Chizuko Tsukida
Tsukida, Helen & Richard
Corsaro
Tsukida, William
Uyeda, Al & Fumi
IMO Lily A Tsuruoka
Tsuruoka, Jimmy
IMO John Ueno
Arakawa, Hunter & Rumi

**DONATIONS-IN-KIND—
Received 6/01/2022—
10/5/2022**

Dinuba Buddhist Church
Fowler Buddhist Church
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Kakei
Nakata, Rev Kaz
Osaki, Lee
Dharma School
FBBWA
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Ikeda, Irene
Hiyama, Howard

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Giacona, Nick & Keiko
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Susan
Hayashi, Susan
Kane, Jeffrey & Nancy
Yamagiwa Kane
Kozuki, Tad
Kubota, Marlene
Matsubara, Gary &
Paulette
Matsubara, Roy & Mary
Mukai, Gary & Karen
Mukai, Greg & Gay
Nagata, Brian
Nakai, Geno & Gale
Nishijima DPM, Ross &
Miki & Cynthia
Okajima, Ken & Linda
Takeuchi, Norman & Nadine
Taniguchi, Marie
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Miyake-Stoner, Rev Akiko
Heang, Rev Ivana
Lay Visitation Team
CCNF RENO TRIP—D-I-K:
Arakawa, Hunter & Rumi
Chung, Marcia; & team:
Joyce Dessert; Gayle Oki;
Joyce Imai; Ellen Nomura;
Ginny Kamimoto; &
Vicki Hodge
Hollister, David (VG Chef)
Honda, Earl
Hotta, Jun
Ishii, Donna
Kamimoto, Ginny
Kozuki, Tad
Maez, Dave & Lupe
Mukai, Margie
Naito, Tomoko
Nosker, Kiyoko
Osaki, Ayleen
Sasaki, David—IMO Betty
Yamagiwa
Yoshikawa, Amy





Central California Nikkei Foundation
dba Vintage Gardens
I want to make a difference
In the lives of our senior community....today!

Donation: ☐ \$100 ☐ \$250 ☐ \$500 ☐ \$750 ☐ \$1,000 ☐ Other \$ _____

Annual Membership: ☐ Individual \$50 (*Ages 64 & under*) ☐ Family \$75
☐ Student/Senior \$35 (*Seniors Ages 65+*) ☐ Corporate \$500

Ohana (family)

Garden Campaign:

☐ Amount: \$ _____

Total Amount Enclosed: \$ _____ Check # _____ Date: _____

Please charge my: ☐ Visa ☐ Mastercard ☐ American Express ☐ Discover

Credit Card #: _____ Expiration Date: _____

Security Code: _____

Donor's Name: _____

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City/State/Zip _____

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Mail Acknowledgement to (if different from above):

Name: _____

Address: _____

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In ☐ Memory ☐ Honor ☐ Occasion of: _____

Please make checks payable to: CCNF & kindly mail with this form to:

Central California Nikkei Foundation
540 South Peach Avenue
Fresno, CA 93727

Thank you for your Generosity and Continued Support.
Gifts are deductible for Income, Gift and Estate Tax purposes to the extent allowed by law.
CCNF Federal Tax ID# 77-0257676 • Vintage Gardens Assisted Living License # 107203197



Central California Nikkei Foundation
Nikkei Service Center & Vintage Gardens Assisted Living
540 South Peach Ave , Fresno California 93727

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Vintage Gardens “Discover The Good Life”

